

UFO  **HUB**



1
00:00:07,880 --> 00:00:23,190

[Music]

2
00:00:23,200 --> 00:00:26,050

you

3
00:00:32,889 --> 00:00:30,249

my name is dan bird I am from Omaha

4
00:00:35,860 --> 00:00:32,899

Nebraska grew up in the Midwest born in

5
00:00:40,090 --> 00:00:35,870

Alabama but moved as a young child to

6
00:00:42,939 --> 00:00:40,100

the Midwest and that's where I started

7
00:00:45,280 --> 00:00:42,949

out so no southern accent well I wrote

8
00:00:49,569 --> 00:00:45,290

the book waking up in the spiritual age

9
00:00:52,119 --> 00:00:49,579

as kind of a an accident I had been

10
00:00:53,649 --> 00:00:52,129

interested in spiritual topics of my

11
00:00:56,020 --> 00:00:53,659

whole life but didn't have anyone to

12
00:00:58,329 --> 00:00:56,030

talk to about no one really to share

13
00:01:01,390 --> 00:00:58,339

ideas I was kind of on my own in a small

14

00:01:05,740 --> 00:01:01,400

town in the Midwest in the United States

15

00:01:09,250 --> 00:01:05,750

and I did find some books here and there

16

00:01:11,830 --> 00:01:09,260

that kind of top talked about the topic

17

00:01:13,179 --> 00:01:11,840

and those were helpful but I didn't have

18

00:01:16,990 --> 00:01:13,189

anybody to talk to

19

00:01:20,440 --> 00:01:17,000

and recently within the last few years I

20

00:01:23,920 --> 00:01:20,450

was led to a psychic who did a reading

21

00:01:25,840 --> 00:01:23,930

for me and told me that I had a lot of

22

00:01:27,609 --> 00:01:25,850

ideas and things inside then I need to

23

00:01:31,510 --> 00:01:27,619

bring out and so she said would you

24

00:01:33,730 --> 00:01:31,520

consider doing a journal you should do a

25

00:01:34,090 --> 00:01:33,740

journal every day and just let things

26

00:01:36,580 --> 00:01:34,100

flow

27

00:01:39,970 --> 00:01:36,590

well I immediately started that because

28

00:01:43,500 --> 00:01:39,980

I'm fairly fast typer and so the ideas

29

00:01:47,950 --> 00:01:43,510

could come pretty quick as I typed I

30

00:01:50,130 --> 00:01:47,960

began to realize there were ideas kind

31

00:01:55,240 --> 00:01:50,140

of coming through me that were not

32

00:01:57,700 --> 00:01:55,250

necessarily my ideas if you make sense

33

00:02:00,340 --> 00:01:57,710

out of that some of the ideas that came

34

00:02:04,210 --> 00:02:00,350

through seemed to be using some words

35

00:02:06,010 --> 00:02:04,220

that I don't normally use some syntax

36

00:02:09,550 --> 00:02:06,020

that wouldn't be from my normal way of

37

00:02:12,610 --> 00:02:09,560

talking and as I went back and reread it

38

00:02:15,630 --> 00:02:12,620

I saw they were actually ideas fully

39

00:02:18,190 --> 00:02:15,640

formed that I did not realize were there

40

00:02:21,070 --> 00:02:18,200

at that point I thought there's

41

00:02:23,020 --> 00:02:21,080

something more going on than me simply

42

00:02:26,190 --> 00:02:23,030

keeping the journal I'm getting input

43

00:02:28,899 --> 00:02:26,200

from somewhere I was not real

44

00:02:30,369 --> 00:02:28,909

knowledgeable in this area but I soon

45

00:02:34,990 --> 00:02:30,379

found out there's something called

46

00:02:38,780 --> 00:02:35,000

automatic writing where spiritual beings

47

00:02:43,190 --> 00:02:38,790

are able to interact with our

48

00:02:46,039 --> 00:02:43,200

own physical communication skills and I

49

00:02:49,100 --> 00:02:46,049

was starting to sort of download ideas

50

00:02:51,350 --> 00:02:49,110

through them it never felt dangerous it

51
00:02:54,289 --> 00:02:51,360
never felt scary it never felt anything

52
00:02:56,210 --> 00:02:54,299
but positive and I was very careful

53
00:02:58,339 --> 00:02:56,220
about that because I've heard stories

54
00:03:00,140 --> 00:02:58,349
that I don't know if any of them are

55
00:03:02,449 --> 00:03:00,150
true but I've heard stories that can be

56
00:03:04,430 --> 00:03:02,459
a little scary but this stayed very

57
00:03:08,319 --> 00:03:04,440
positive and I felt like I was in touch

58
00:03:13,339 --> 00:03:08,329
with a higher side of myself or possibly

59
00:03:16,720 --> 00:03:13,349
other beings and I was being giving

60
00:03:20,330 --> 00:03:16,730
excellent spiritual ideas to work with

61
00:03:22,550 --> 00:03:20,340
well the journal grew and within I want

62
00:03:25,699 --> 00:03:22,560
to say year and a half or so it had

63
00:03:30,949 --> 00:03:25,709

reached 300,000 words as extremely long

64

00:03:33,410 --> 00:03:30,959

enough for six books and in that time

65

00:03:38,030 --> 00:03:33,420

certain sections of it popped through

66

00:03:40,220 --> 00:03:38,040

that seemed like they were they referred

67

00:03:41,960 --> 00:03:40,230

to certain people I knew or might be

68

00:03:44,390 --> 00:03:41,970

useful someone may have asked me a

69

00:03:46,009 --> 00:03:44,400

question all of a sudden I received a

70

00:03:48,619 --> 00:03:46,019

couple of paragraphs that might deal

71

00:03:50,360 --> 00:03:48,629

with that problem or situation so I

72

00:03:53,500 --> 00:03:50,370

started sending out sections of it to

73

00:03:57,770 --> 00:03:53,510

certain people just to say I got this

74

00:04:00,289 --> 00:03:57,780

see if it makes sense to you and I got

75

00:04:02,750 --> 00:04:00,299

very strong positive feedback from them

76

00:04:06,619 --> 00:04:02,760

and this went on for a little while and

77

00:04:08,629 --> 00:04:06,629

then I started getting a push from

78

00:04:10,970 --> 00:04:08,639

friends of mine or my family

79

00:04:13,339 --> 00:04:10,980

anyone that would read it that it should

80

00:04:14,809 --> 00:04:13,349

be put into some kind of a book form you

81

00:04:17,560 --> 00:04:14,819

need to create a book to show that

82

00:04:21,800 --> 00:04:17,570

there's more going on in what we think

83

00:04:23,810 --> 00:04:21,810

because it's not a real common topic in

84

00:04:25,939 --> 00:04:23,820

the Midwest of the United States so

85

00:04:28,610 --> 00:04:25,949

there are plenty of people sort of

86

00:04:31,659 --> 00:04:28,620

awakening now the topic of the book is

87

00:04:33,589 --> 00:04:31,669

really dealing with the awakening of

88

00:04:35,839 --> 00:04:33,599

people throughout the world to

89

00:04:38,390 --> 00:04:35,849

spirituality to understanding that

90

00:04:41,629 --> 00:04:38,400

there's there is more to life than the

91

00:04:44,510 --> 00:04:41,639

simple physical 3d world that we're so

92

00:04:46,969 --> 00:04:44,520

accustomed to and more and more people

93

00:04:50,170 --> 00:04:46,979

seem to be awaking awakening in this

94

00:04:52,640 --> 00:04:50,180

time in history and for those people

95

00:04:54,950 --> 00:04:52,650

many people are well developed

96

00:04:57,939 --> 00:04:54,960

along that road because I believe that

97

00:05:00,560 --> 00:04:57,949

everyone is on that path to total

98

00:05:02,600 --> 00:05:00,570

spiritual enlightenment eventually we'll

99

00:05:07,100 --> 00:05:02,610

all get there some people are at

100

00:05:09,860 --> 00:05:07,110

different places on that path and the

101

00:05:12,760 --> 00:05:09,870

truth is it doesn't matter where we're

102

00:05:15,230 --> 00:05:12,770

at on the path we will all get there I

103

00:05:18,409 --> 00:05:15,240

looked at the journal I thought about it

104

00:05:20,210 --> 00:05:18,419

I created the book as I was creating the

105

00:05:22,010 --> 00:05:20,220

book I was getting strong indications of

106

00:05:24,860 --> 00:05:22,020

what the topic should be it really

107

00:05:28,040 --> 00:05:24,870

should be aimed at those brand new folks

108

00:05:33,200 --> 00:05:28,050

who are just experiencing the first bits

109

00:05:36,050 --> 00:05:33,210

of awakening those folks who maybe were

110

00:05:38,150 --> 00:05:36,060

feeling something noticing some things

111

00:05:42,200 --> 00:05:38,160

but they weren't sure what they were all

112

00:05:45,200 --> 00:05:42,210

about what they meant coincidences that

113

00:05:47,719 --> 00:05:45,210

were just really surprising hearing a

114

00:05:51,379 --> 00:05:47,729

song that your friend who had passed

115

00:05:53,060 --> 00:05:51,389

away the year before loved and you were

116

00:05:54,920 --> 00:05:53,070

just thinking of that person and the

117

00:05:58,580 --> 00:05:54,930

song comes on the radio and you hadn't

118

00:06:00,620 --> 00:05:58,590

heard it for years those kind of things

119

00:06:03,409 --> 00:06:00,630

can be strong indicators of something

120

00:06:05,810 --> 00:06:03,419

happening and awakening and once we're

121

00:06:07,909 --> 00:06:05,820

sort of aware of that it makes a big

122

00:06:10,580 --> 00:06:07,919

difference to noticing those things and

123

00:06:13,219 --> 00:06:10,590

so the book is really aimed at those

124

00:06:15,320 --> 00:06:13,229

kind of folks that are maybe they don't

125

00:06:18,230 --> 00:06:15,330

have anybody to talk to about this and

126
00:06:21,980 --> 00:06:18,240
they wonder is something strange about

127
00:06:24,890 --> 00:06:21,990
me am I not quite right here I keep

128
00:06:26,450 --> 00:06:24,900
feeling like there's people around and

129
00:06:29,899 --> 00:06:26,460
you know they just get these unusual

130
00:06:31,460 --> 00:06:29,909
feelings and the book is aimed at those

131
00:06:33,980 --> 00:06:31,470
folks so let them know first of all

132
00:06:35,270 --> 00:06:33,990
they're totally normal second of all

133
00:06:37,040 --> 00:06:35,280
there's nothing wrong with anything

134
00:06:41,330 --> 00:06:37,050
that's happening with them they're

135
00:06:43,279 --> 00:06:41,340
totally safe and to understand it that

136
00:06:46,820 --> 00:06:43,289
this is a normal thing that happens to

137
00:06:48,830 --> 00:06:46,830
everybody some people really will try to

138
00:06:51,140 --> 00:06:48,840

ignore it and push it out of the way as

139

00:06:55,129 --> 00:06:51,150

though it's not happening but in most

140

00:06:57,170 --> 00:06:55,139

cases I shouldn't say in most cases in

141

00:06:58,790 --> 00:06:57,180

many cases they will come around and

142

00:07:00,890 --> 00:06:58,800

realize oh there's something going on

143

00:07:03,680 --> 00:07:00,900

here anyway I feel like this is really

144

00:07:05,890 --> 00:07:03,690

changing and coming out strongly now at

145

00:07:09,010 --> 00:07:05,900

this time in our history

146

00:07:12,249 --> 00:07:09,020

some other signs that may occur around

147

00:07:14,560 --> 00:07:12,259

you can be anything from seeing somebody

148

00:07:16,600 --> 00:07:14,570

say a half a block away walking away

149

00:07:19,960 --> 00:07:16,610

from you and just something about the

150

00:07:23,290 --> 00:07:19,970

way they walk or their clothing or their

151
00:07:25,689 --> 00:07:23,300
image just really strikes you and remind

152
00:07:29,020 --> 00:07:25,699
you of somebody who has passed on that's

153
00:07:30,490 --> 00:07:29,030
something that may be a sign meant for

154
00:07:33,219 --> 00:07:30,500
you to be thinking about that person

155
00:07:35,999 --> 00:07:33,229
because they're thinking about you one

156
00:07:38,529 --> 00:07:36,009
of the classic signs is finding things

157
00:07:40,960 --> 00:07:38,539
two of the things that I hear about all

158
00:07:43,360 --> 00:07:40,970
the time or finding white feathers very

159
00:07:46,090 --> 00:07:43,370
strong indicator that there's a

160
00:07:47,860 --> 00:07:46,100
connection with a spiritual being of

161
00:07:51,129 --> 00:07:47,870
some kind connecting usually they say

162
00:07:53,830 --> 00:07:51,139
that's your guardian angel or finding a

163
00:07:56,590 --> 00:07:53,840

penny a penny or a quarter or any coin I

164

00:07:58,330 --> 00:07:56,600

guess is often a connection with

165

00:08:01,180 --> 00:07:58,340

something and what that's telling you

166

00:08:04,390 --> 00:08:01,190

not always very specific is telling you

167

00:08:06,659 --> 00:08:04,400

to open up be aware just you know keep

168

00:08:09,460 --> 00:08:06,669

your eyes open to see what's going on

169

00:08:10,510 --> 00:08:09,470

like I mentioned earlier music is a very

170

00:08:13,300 --> 00:08:10,520

strong indicator

171

00:08:16,000 --> 00:08:13,310

you'll catch songs that you didn't

172

00:08:19,180 --> 00:08:16,010

expect or they'll have a meaning or very

173

00:08:22,779 --> 00:08:19,190

often you'll hear lyrics that just nail

174

00:08:25,120 --> 00:08:22,789

down possibly an answer to a question or

175

00:08:26,710 --> 00:08:25,130

problem you had a song will come on and

176
00:08:28,839 --> 00:08:26,720
you weren't paying attention and then it

177
00:08:32,920 --> 00:08:28,849
gets to the second verse and there are

178
00:08:35,500 --> 00:08:32,930
some lyrics there that may fit the exact

179
00:08:37,630 --> 00:08:35,510
scenario you're working with you thought

180
00:08:40,000 --> 00:08:37,640
how am I going to do this and the answer

181
00:08:42,219 --> 00:08:40,010
is right there those things happen far

182
00:08:44,650 --> 00:08:42,229
more often than we realize and once you

183
00:08:47,650 --> 00:08:44,660
sort of awaken you start seeing those

184
00:08:49,240 --> 00:08:47,660
things right in front of you and of

185
00:08:50,620 --> 00:08:49,250
course classic cases like you're

186
00:08:52,690 --> 00:08:50,630
thinking of a friend you haven't talked

187
00:08:55,269 --> 00:08:52,700
to in a long time and suddenly you get

188
00:08:57,490 --> 00:08:55,279

an email from them or you get a facebook

189

00:09:01,660 --> 00:08:57,500

message from them or a phone call those

190

00:09:03,490 --> 00:09:01,670

things happen quite often the key I

191

00:09:05,620 --> 00:09:03,500

guess is to kind of keeping your eyes

192

00:09:07,600 --> 00:09:05,630

open your new year's open because things

193

00:09:09,790 --> 00:09:07,610

will pop up when you don't expect it and

194

00:09:11,500 --> 00:09:09,800

there will be a connection there and

195

00:09:13,269 --> 00:09:11,510

often there's a reason for that

196

00:09:18,130 --> 00:09:13,279

connection there's some information that

197

00:09:19,780 --> 00:09:18,140

needs to be shared or some news needs to

198

00:09:22,150 --> 00:09:19,790

be shared there's something there that's

199

00:09:24,370 --> 00:09:22,160

important because old friends family and

200

00:09:26,530 --> 00:09:24,380

so on are connected to you for a reason

201
00:09:28,750 --> 00:09:26,540
and so when you hear those things you

202
00:09:31,720 --> 00:09:28,760
want to pay attention are these signs

203
00:09:33,790 --> 00:09:31,730
related to religious belief or some kind

204
00:09:36,090 --> 00:09:33,800
of philosophy or some kind of an

205
00:09:38,680 --> 00:09:36,100
approach is an interesting thought

206
00:09:41,500 --> 00:09:38,690
because I think there beyond that I

207
00:09:46,180 --> 00:09:41,510
think the spirituality or that sort of

208
00:09:48,250 --> 00:09:46,190
sign triumphs everything I think it's

209
00:09:50,890 --> 00:09:48,260
very possible to block those kind of

210
00:09:56,710 --> 00:09:50,900
signs just by not being open to it not

211
00:09:59,080 --> 00:09:56,720
being aware but usually I think signs

212
00:10:01,690 --> 00:09:59,090
are more spiritual in nature and less

213
00:10:04,780 --> 00:10:01,700

religious in nature and and that's not

214

00:10:06,490 --> 00:10:04,790

to say there can't be many signs that do

215

00:10:10,030 --> 00:10:06,500

point in something in a religious

216

00:10:13,360 --> 00:10:10,040

context but for me most of these signs

217

00:10:17,980 --> 00:10:13,370

are coming from a spiritual realm that

218

00:10:21,940 --> 00:10:17,990

is has the best interest of ourselves in

219

00:10:24,220 --> 00:10:21,950

mind and they're not pushing in any way

220

00:10:30,970 --> 00:10:24,230

what they're usually doing is giving us

221

00:10:34,120 --> 00:10:30,980

signs and ideas thoughts directions ways

222

00:10:36,220 --> 00:10:34,130

for us to find our own Popper true

223

00:10:38,920 --> 00:10:36,230

selves a way to become more spiritual

224

00:10:42,100 --> 00:10:38,930

ourselves so no I don't think religion

225

00:10:44,080 --> 00:10:42,110

really pays a big part of it no I think

226

00:10:47,430 --> 00:10:44,090

it's spiritual in nature which is over

227

00:10:52,390 --> 00:10:47,440

encompassing and it again comes from

228

00:10:53,890 --> 00:10:52,400

guides or possibly past relatives that

229

00:10:55,240 --> 00:10:53,900

are trying to give us information to

230

00:10:58,060 --> 00:10:55,250

help us and one thing that's interesting

231

00:11:00,160 --> 00:10:58,070

is they really can't tell you what to do

232

00:11:03,010 --> 00:11:00,170

they can give you indications to help

233

00:11:04,750 --> 00:11:03,020

you make decisions but they have no

234

00:11:06,880 --> 00:11:04,760

control over you of any kind of course

235

00:11:08,680 --> 00:11:06,890

you can do whatever you want but if you

236

00:11:10,170 --> 00:11:08,690

learn to understand kind of what's

237

00:11:13,480 --> 00:11:10,180

coming at you through your feelings

238

00:11:15,820 --> 00:11:13,490

intuition hunches and so on you start

239

00:11:17,530 --> 00:11:15,830

trusting those and the more you do that

240

00:11:22,120 --> 00:11:17,540

and the more they work out for you the

241

00:11:25,060 --> 00:11:22,130

more they'll develop and become stronger

242

00:11:27,670 --> 00:11:25,070

and help you guide you in everyday life

243

00:11:31,410 --> 00:11:27,680

and important decisions as well so we

244

00:11:33,049 --> 00:11:31,420

wonder about how does one begin to

245

00:11:36,799 --> 00:11:33,059

awaken to

246

00:11:42,949 --> 00:11:36,809

spirituality and the possibility that

247

00:11:45,469 --> 00:11:42,959

comes with being of spirit and it got

248

00:11:47,239 --> 00:11:45,479

death in the family of a close one that

249

00:11:49,939 --> 00:11:47,249

could certainly trigger it because of

250

00:11:53,239 --> 00:11:49,949

the intense grief and intense feelings

251

00:11:54,859 --> 00:11:53,249

that come with that and especially if

252

00:11:57,919 --> 00:11:54,869

you don't have a spiritual background

253

00:11:59,329 --> 00:11:57,929

and you don't know or don't have a

254

00:12:02,329 --> 00:11:59,339

feeling for what happens to that person

255

00:12:05,269 --> 00:12:02,339

after they pass it may be devastating to

256

00:12:07,669 --> 00:12:05,279

you if you have a strong spiritual

257

00:12:10,609 --> 00:12:07,679

feeling about things that life goes on

258

00:12:14,509 --> 00:12:10,619

in a spiritual realm that can be

259

00:12:17,599 --> 00:12:14,519

tremendously comforting and so what else

260

00:12:21,349 --> 00:12:17,609

could trigger an awakening it can be

261

00:12:25,449 --> 00:12:21,359

anything from smelling some perfume that

262

00:12:28,189 --> 00:12:25,459

maybe your mother wore back in the time

263

00:12:32,299 --> 00:12:28,199

smelling certain foods smell is a very

264

00:12:34,159 --> 00:12:32,309

strong one seeing a certain view you

265

00:12:35,659 --> 00:12:34,169

look you're doing a little traveling you

266

00:12:39,709 --> 00:12:35,669

look out at something and something

267

00:12:42,349 --> 00:12:39,719

triggers a word someone says that's

268

00:12:43,279 --> 00:12:42,359

almost limitless what can trigger and

269

00:12:45,949 --> 00:12:43,289

get you started

270

00:12:50,299 --> 00:12:45,959

usually two or three three things happen

271

00:12:52,099 --> 00:12:50,309

kind of close together or in a row that

272

00:12:53,959 --> 00:12:52,109

gets you thinking about it and then

273

00:12:57,139 --> 00:12:53,969

you'll notice one and then another and

274

00:13:00,529 --> 00:12:57,149

another and those things might trigger a

275

00:13:05,409 --> 00:13:00,539

strong interest you might accidentally

276

00:13:09,109 --> 00:13:05,419

find a book that the title strikes your

277

00:13:13,519 --> 00:13:09,119

imagination something about UFOs or

278

00:13:15,229 --> 00:13:13,529

something about ESP or any one of a

279

00:13:16,789 --> 00:13:15,239

number of things can get you started and

280

00:13:21,459 --> 00:13:16,799

then as you glance through the book or

281

00:13:26,059 --> 00:13:23,629

spirituality and there may be something

282

00:13:28,729 --> 00:13:26,069

in there that just feels right that's

283

00:13:30,949 --> 00:13:28,739

why it happened with me a book long time

284

00:13:32,979 --> 00:13:30,959

ago and there was just something in

285

00:13:35,749 --> 00:13:32,989

there I had never seen that content or

286

00:13:38,809 --> 00:13:35,759

that way of thinking before and it

287

00:13:41,269 --> 00:13:38,819

absolutely added up and clarified so

288

00:13:44,869 --> 00:13:41,279

much that I was confused about so

289

00:13:46,380 --> 00:13:44,879

there's a many many ways that you can

290

00:13:48,420 --> 00:13:46,390

start the

291

00:13:51,300 --> 00:13:48,430

says you can be around someone who is

292

00:13:54,030 --> 00:13:51,310

very spiritual and just by being around

293

00:13:55,820 --> 00:13:54,040

them and feeling that energy it could

294

00:14:00,660 --> 00:13:55,830

trigger something in you and start I

295

00:14:04,010 --> 00:14:00,670

once had a psychic tell me that the

296

00:14:07,010 --> 00:14:04,020

awakening process in people is often

297

00:14:09,750 --> 00:14:07,020

determined went before they're born that

298

00:14:11,520 --> 00:14:09,760

you wake up when you're 34 years old

299

00:14:16,110 --> 00:14:11,530

you'll wake up when you're 10 you'll

300

00:14:19,560 --> 00:14:16,120

wake up when you're 90 and sometimes

301
00:14:22,590 --> 00:14:19,570
there's a not an age exactly but you

302
00:14:24,980 --> 00:14:22,600
have to go through this has to do with a

303
00:14:29,250 --> 00:14:24,990
plan that's made before you're born that

304
00:14:31,410 --> 00:14:29,260
in that plan you had this at this this

305
00:14:33,720 --> 00:14:31,420
this and this have to happen those

306
00:14:36,810 --> 00:14:33,730
things are going to happen and after

307
00:14:38,580 --> 00:14:36,820
those all happen then you're going to

308
00:14:41,820 --> 00:14:38,590
wake up that's the time for you to start

309
00:14:44,280 --> 00:14:41,830
to wake up and that's quite common and I

310
00:14:48,000 --> 00:14:44,290
think that's probably true so it's hard

311
00:14:50,910 --> 00:14:48,010
to say what will trigger it for sure

312
00:14:52,920 --> 00:14:50,920
usually it's a time element and a series

313
00:14:55,710 --> 00:14:52,930

of things that have happened you can't

314

00:14:57,720 --> 00:14:55,720

force it though for example if I met

315

00:15:01,440 --> 00:14:57,730

someone who was not interested in this

316

00:15:03,510 --> 00:15:01,450

at all and I said well it's time for you

317

00:15:05,400 --> 00:15:03,520

to be waking up let's talk about this

318

00:15:07,440 --> 00:15:05,410

and let's see what we can do if it's not

319

00:15:10,290 --> 00:15:07,450

their time they are not going to be

320

00:15:12,030 --> 00:15:10,300

interested they will it won't work so

321

00:15:16,860 --> 00:15:12,040

when your time comes it kind of comes

322

00:15:19,800 --> 00:15:16,870

and I think more and more are waking up

323

00:15:22,140 --> 00:15:19,810

now it seems like neighbors of mine that

324

00:15:24,630 --> 00:15:22,150

I didn't know we're interested in these

325

00:15:26,940 --> 00:15:24,640

sort of topics but my book came out and

326

00:15:29,010 --> 00:15:26,950

some of them related to me that this is

327

00:15:32,130 --> 00:15:29,020

this is what I've been thinking this

328

00:15:34,200 --> 00:15:32,140

this is right this feels good I was very

329

00:15:37,590 --> 00:15:34,210

surprised by how many people around me

330

00:15:41,010 --> 00:15:37,600

family and friends and so on found it to

331

00:15:43,800 --> 00:15:41,020

be true for them so that that part is I

332

00:15:45,480 --> 00:15:43,810

think important so you have someone who

333

00:15:48,660 --> 00:15:45,490

gets lots of messages they're getting

334

00:15:50,190 --> 00:15:48,670

signs left and right and then they try

335

00:15:52,140 --> 00:15:50,200

to ignore them but after a while there's

336

00:15:55,980 --> 00:15:52,150

just kind of overwhelming there's so

337

00:15:57,870 --> 00:15:55,990

many messages from somebody that has

338

00:15:59,360 --> 00:15:57,880

maybe passed recently it can be very

339

00:16:01,790 --> 00:15:59,370

strong

340

00:16:04,100 --> 00:16:01,800

and they don't want to admit it they

341

00:16:05,840 --> 00:16:04,110

want to ignore it because they just

342

00:16:08,360 --> 00:16:05,850

don't believe it they don't feel this is

343

00:16:10,730 --> 00:16:08,370

right that can be coming from the other

344

00:16:13,280 --> 00:16:10,740

side they could be really wanting to

345

00:16:15,980 --> 00:16:13,290

communicate but the person that

346

00:16:21,230 --> 00:16:15,990

earthbound may not be ready for that may

347

00:16:23,480 --> 00:16:21,240

not be quite prepared for it and and

348

00:16:25,160 --> 00:16:23,490

their background may not make that

349

00:16:27,200 --> 00:16:25,170

possible at this point it could have

350

00:16:31,370 --> 00:16:27,210

strong religious beliefs and so on and

351

00:16:32,420 --> 00:16:31,380

if that happens there's not a lot you

352

00:16:34,310 --> 00:16:32,430

can do about it

353

00:16:35,450 --> 00:16:34,320

you can certainly talk to them and you

354

00:16:37,490 --> 00:16:35,460

know if they say to you this is

355

00:16:39,680 --> 00:16:37,500

happening this happen and you can try to

356

00:16:41,480 --> 00:16:39,690

explain what you can and they're they're

357

00:16:43,880 --> 00:16:41,490

just not going to see it most likely

358

00:16:47,150 --> 00:16:43,890

then again you could trigger something

359

00:16:49,970 --> 00:16:47,160

in them that works but there's not a lot

360

00:16:52,430 --> 00:16:49,980

you can do if they refuse to kind of see

361

00:16:54,920 --> 00:16:52,440

it it's it's kind of a faith sort of

362

00:16:56,750 --> 00:16:54,930

thing you kind of open up to it and you

363

00:16:58,400 --> 00:16:56,760

open your heart up and then you sort of

364

00:16:58,820 --> 00:16:58,410

feel those things and understand them

365

00:17:01,550 --> 00:16:58,830

better

366

00:17:04,460 --> 00:17:01,560

a couple other thoughts I had are when

367

00:17:08,390 --> 00:17:04,470

something is happening to you

368

00:17:11,240 --> 00:17:08,400

as a sort of a spiritual awakening you

369

00:17:15,350 --> 00:17:11,250

kind of realize that every event that

370

00:17:17,960 --> 00:17:15,360

happens to you good bad neutral you can

371

00:17:21,620 --> 00:17:17,970

approach in two ways you can approach it

372

00:17:25,130 --> 00:17:21,630

as a victim or you can approach it as a

373

00:17:29,030 --> 00:17:25,140

learner what I mean by that is a victim

374

00:17:30,980 --> 00:17:29,040

will take everything as outside

375

00:17:34,460 --> 00:17:30,990

themselves happening has an effect on

376

00:17:36,320 --> 00:17:34,470

them and sometimes it's true terrible

377

00:17:39,560 --> 00:17:36,330

things will happen and you will react

378

00:17:41,510 --> 00:17:39,570

that way what was me but if you can back

379

00:17:44,000 --> 00:17:41,520

out of it and back off of it just a

380

00:17:47,450 --> 00:17:44,010

little bit and think am I the victim

381

00:17:50,180 --> 00:17:47,460

here or am i a learner it's a terrible

382

00:17:52,850 --> 00:17:50,190

thing that's happened what can I learn

383

00:17:57,290 --> 00:17:52,860

from it that approach to just about

384

00:17:59,330 --> 00:17:57,300

anything will change your attitude you

385

00:18:01,460 --> 00:17:59,340

can start seeing there's maybe a reason

386

00:18:04,370 --> 00:18:01,470

that this happened when it's very

387

00:18:07,280 --> 00:18:04,380

painful emotional pain that makes it

388

00:18:08,450 --> 00:18:07,290

difficult to see the positive side but

389

00:18:10,440 --> 00:18:08,460

don't play the victim

390

00:18:14,970 --> 00:18:10,450

what happened happen

391

00:18:18,180 --> 00:18:14,980

it happened to somebody else or wrecked

392

00:18:20,130 --> 00:18:18,190

your car or you lost your job you can be

393

00:18:21,930 --> 00:18:20,140

a victim or you can lift yourself up and

394

00:18:24,960 --> 00:18:21,940

learn something from it next time I

395

00:18:26,760 --> 00:18:24,970

won't drive so fast or I can learn that

396

00:18:29,070 --> 00:18:26,770

that was not the right job for me

397

00:18:31,440 --> 00:18:29,080

there's the other side to everything

398

00:18:36,810 --> 00:18:31,450

that happens so choose Vechten or

399

00:18:39,660 --> 00:18:36,820

learner another thing is what's going on

400

00:18:41,700 --> 00:18:39,670

in the world today that's new a

401
00:18:45,090 --> 00:18:41,710
spirituality is I believe there's a

402
00:18:48,600 --> 00:18:45,100
worldwide awakening of spiritual belief

403
00:18:52,560 --> 00:18:48,610
and feeling outside of religions this is

404
00:18:55,050 --> 00:18:52,570
kind of over all and as it grows

405
00:18:57,990 --> 00:18:55,060
stronger it lifts the entire planet and

406
00:19:02,190 --> 00:18:58,000
as we sort of move into a new age which

407
00:19:06,570 --> 00:19:02,200
has been kind of talked about for

408
00:19:11,510 --> 00:19:06,580
hundreds of years what we see is the old

409
00:19:15,630 --> 00:19:11,520
regime the old standards of power are

410
00:19:19,230 --> 00:19:15,640
crumbling a little and struggling they

411
00:19:22,920 --> 00:19:19,240
are closed off the spirit and what they

412
00:19:26,250 --> 00:19:22,930
want to do is retain the power the way

413
00:19:27,930 --> 00:19:26,260

it is if not be stronger and often

414

00:19:30,230 --> 00:19:27,940

that's using physical force and so on

415

00:19:32,310 --> 00:19:30,240

but those powers in the world are

416

00:19:34,890 --> 00:19:32,320

struggling right now because of the

417

00:19:38,250 --> 00:19:34,900

spiritual lifting of the planet and so

418

00:19:42,090 --> 00:19:38,260

they are doubling down and creating a

419

00:19:45,120 --> 00:19:42,100

huge rift between them and the rest of

420

00:19:47,430 --> 00:19:45,130

the spiritual world and those who are

421

00:19:52,860 --> 00:19:47,440

fighting the old battle the old way of

422

00:19:56,220 --> 00:19:52,870

power and might and power makes them

423

00:19:58,410 --> 00:19:56,230

right they will lose this battle they

424

00:20:00,600 --> 00:19:58,420

will absolutely lose the battle they

425

00:20:02,670 --> 00:20:00,610

will crumble it may take a while may

426

00:20:05,340 --> 00:20:02,680

take a long time but eventually as we

427

00:20:07,110 --> 00:20:05,350

move into the more spiritual age which I

428

00:20:09,390 --> 00:20:07,120

believe is coming I see more and more

429

00:20:13,560 --> 00:20:09,400

people every day feeling this way it

430

00:20:15,720 --> 00:20:13,570

will replace the old ways and lead to

431

00:20:19,260 --> 00:20:15,730

much more prosperity and happy this

432

00:20:21,300 --> 00:20:19,270

could I can't tell the future so this

433

00:20:23,430 --> 00:20:21,310

could happen in five years this could

434

00:20:24,270 --> 00:20:23,440

happen in two hundred years I don't know

435

00:20:26,400 --> 00:20:24,280

but I feel

436

00:20:29,280 --> 00:20:26,410

like it's coming and a lot of folks have

437

00:20:33,390 --> 00:20:29,290

felt that way lately so that's an

438

00:20:38,070 --> 00:20:33,400

important thing one other important part

439

00:20:43,170 --> 00:20:38,080

of the spiritual practice or knowledge

440

00:20:45,600 --> 00:20:43,180

is past present future simple concepts

441

00:20:49,350 --> 00:20:45,610

but we want to watch out that we don't

442

00:20:52,470 --> 00:20:49,360

focus too much on the past we don't live

443

00:20:54,570 --> 00:20:52,480

in the past maybe high school was the

444

00:20:56,610 --> 00:20:54,580

best time of your life and you keep

445

00:20:58,650 --> 00:20:56,620

thinking about it going back and trying

446

00:21:01,590 --> 00:20:58,660

to stay in contact with your old friends

447

00:21:03,300 --> 00:21:01,600

but now you're 40 years old and they're

448

00:21:05,580 --> 00:21:03,310

all moving on but you're having a hard

449

00:21:08,130 --> 00:21:05,590

time well that's not a healthy way to be

450

00:21:11,760 --> 00:21:08,140

and the same thing with the future if

451

00:21:15,090 --> 00:21:11,770

you're thinking of the future and you

452

00:21:17,220 --> 00:21:15,100

keep getting these ideas that if I had

453

00:21:20,880 --> 00:21:17,230

this new swimming pool or this new car

454

00:21:23,430 --> 00:21:20,890

or this wife or all these things that I

455

00:21:26,910 --> 00:21:23,440

want if I can get those I'm going to be

456

00:21:30,090 --> 00:21:26,920

a happy fulfilled person and that will

457

00:21:32,280 --> 00:21:30,100

never happen because as soon as you have

458

00:21:34,500 --> 00:21:32,290

it you want something else because it

459

00:21:37,860 --> 00:21:34,510

doesn't solve the yearning inside you

460

00:21:40,890 --> 00:21:37,870

which is not for more stuff the yearning

461

00:21:43,680 --> 00:21:40,900

inside you is for a relationship with

462

00:21:45,630 --> 00:21:43,690

source or spirit coming back to this

463

00:21:47,610 --> 00:21:45,640

spiritual center from where we all came

464

00:21:50,670 --> 00:21:47,620

that's what you're yearning for and you

465

00:21:53,370 --> 00:21:50,680

don't realize that so what does that

466

00:21:55,830 --> 00:21:53,380

leave us the past is not the past we

467

00:21:59,340 --> 00:21:55,840

learn from we made lots of mistakes we

468

00:22:01,410 --> 00:21:59,350

made positive moves too but we can't

469

00:22:03,600 --> 00:22:01,420

live there we can't dwell on it it

470

00:22:06,360 --> 00:22:03,610

doesn't serve any purpose it keeps you

471

00:22:08,220 --> 00:22:06,370

from the present in fact same thing with

472

00:22:10,230 --> 00:22:08,230

the future if you're thinking I just got

473

00:22:12,990 --> 00:22:10,240

to get through two more years of work

474

00:22:14,790 --> 00:22:13,000

and I can retire or whatever it is those

475

00:22:16,560 --> 00:22:14,800

two years will be wasted if that's all

476
00:22:18,300 --> 00:22:16,570
you're thinking about what you want to

477
00:22:20,700 --> 00:22:18,310
think about it's not the future the past

478
00:22:23,010 --> 00:22:20,710
but the present only it is the only

479
00:22:25,260 --> 00:22:23,020
thing when you analyze it that we have

480
00:22:27,090 --> 00:22:25,270
we have right this moment right now and

481
00:22:30,540 --> 00:22:27,100
if you can learn to make the most out of

482
00:22:33,650 --> 00:22:30,550
these moments right now your life will

483
00:22:36,760 --> 00:22:33,660
be very very fulfilling and you realize

484
00:22:43,920 --> 00:22:36,770
you're driving in a car somewhere

485
00:22:47,980 --> 00:22:43,930
and your son calls on the phone and says

486
00:22:51,400 --> 00:22:47,990
dad I want to go to the store and get

487
00:22:54,990 --> 00:22:51,410
something and you're a hundred miles

488
00:22:57,940 --> 00:22:55,000

away and he said but I had a flat tire

489

00:23:00,130 --> 00:22:57,950

well you can sit in the car and you can

490

00:23:02,560 --> 00:23:00,140

stew about it or you can tell them you

491

00:23:04,240 --> 00:23:02,570

need to change it I can't come change it

492

00:23:06,310 --> 00:23:04,250

I'm 100 miles away and I'm going the

493

00:23:09,400 --> 00:23:06,320

wrong way when you think about those

494

00:23:13,390 --> 00:23:09,410

things and realize I can't do anything

495

00:23:15,700 --> 00:23:13,400

about that right now where I am so you

496

00:23:17,230 --> 00:23:15,710

try to put it aside focus on where you

497

00:23:19,240 --> 00:23:17,240

are and what you're doing right now and

498

00:23:21,550 --> 00:23:19,250

know that you'll pick up that issue

499

00:23:24,460 --> 00:23:21,560

later when you get home later that night

500

00:23:26,530 --> 00:23:24,470

if the car still has a flat tire you can

501
00:23:28,780 --> 00:23:26,540
go help them or show them how to do it

502
00:23:31,720 --> 00:23:28,790
or whatever needs to be done but

503
00:23:35,070 --> 00:23:31,730
learning to let go of what you can't do

504
00:23:37,180 --> 00:23:35,080
at that moment sometimes it seems cold

505
00:23:38,590 --> 00:23:37,190
because someone may want you to do

506
00:23:39,610 --> 00:23:38,600
something and you simply can't I'm not

507
00:23:42,010 --> 00:23:39,620
there I can't do it

508
00:23:43,780 --> 00:23:42,020
but if you can push it aside focused on

509
00:23:46,690 --> 00:23:43,790
where you are and what you can do you'll

510
00:23:49,510 --> 00:23:46,700
be much more happy the book is waking up

511
00:23:52,990 --> 00:23:49,520
in the spiritual age and it really is

512
00:23:55,720 --> 00:23:53,000
aimed at newly awakening people people

513
00:23:58,180 --> 00:23:55,730

who have felt something going on but

514

00:24:01,300 --> 00:23:58,190

they're not sure it's a gentle

515

00:24:03,340 --> 00:24:01,310

introduction into it and it doesn't use

516

00:24:06,090 --> 00:24:03,350

a lot of high-level jargon and it

517

00:24:10,150 --> 00:24:06,100

doesn't give you a lot of high-level

518

00:24:12,970 --> 00:24:10,160

thinking it brings you gently into what

519

00:24:14,920 --> 00:24:12,980

is starting to work with you if you

520

00:24:16,720 --> 00:24:14,930

would like more information or to read

521

00:24:18,490 --> 00:24:16,730

one of the many essays I have on

522

00:24:34,810 --> 00:24:18,500

spiritual topics you can visit my